Welcome to Our 30th Anniversary Celebration!

December 1, 2015
30th Anniversary Celebration on December 1, 2015 from 4:45 pm to 5:10 pm

SPEAKERS
- Welcome, Thomas Robertson, 12 & 12 Board Chair, Barrow & Grimm, PC
  - Partners Thank You, Bryan Day, 12 & 12 Chief Executive Officer
- Board Member Perspective, Michael Kimbrel, Sr., 12 & 12 Board Member, Kimbrel Oil Corporation
  - Client Success Story, Laura Johnson, 12 & 12 Alumna, Oxford House, Inc.
    - Closing, Thomas Robertson

30th Anniversary Planning Committee: Coby Miller, Angela Kouplen, Mary McMahon, Clayton
Woodrum, Sharon Wright & Bryan Day

Decorative tiles are hand-painted by current 12 & 12 residents. All guests are invited to take home a
piece of 12 & 12 in the form of the tiles.
Tiles donated by: The Tile Shop, Ken Borchardt, Store Manager
Celebration Cake!
Tiles Hand Painted by 12 & 12 Clients
Success Story Centerpieces
Guests Enjoying the Celebration
Special Guest – Robert J. LaFortune
12 & 12 Transition House at 12 East 12th Street
12 & 12 Transition House, Inc. was founded in 1985 as a halfway house for alcoholic men. The first house was located at 12 East 12th Street in downtown Tulsa. The location and affiliation with the 12-step recovery program inspired the 12 & 12 name. There were three staff members, 60 available beds and an average daily client census between 5 and 10.
In 1987, 12 & 12 programs were expanded to include Recovery Dynamics, an in-depth treatment program for both residents and outpatients. Average daily census was 20-25 clients.
In 1988, 12 & 12 programs were expanded to include individual and group counseling. In late 1988 and early 1989, all beds were full and a 10 to 20 person waiting list was carried daily.
In 1989, thirty additional beds were licensed by the Oklahoma State Department of Health, increasing capacity to 90 male clients. Staff size increased to 13 employees.
In September 1989, 12 & 12 Transition House became a Tulsa Area United Way member agency.
• In 1990, an apartment building adjacent to 12 & 12 transition house at 1214 S. Baltimore Ave. was purchased. The modified apartments become Brywal Women’s Center, capable of housing 46 clients. Programming for chemically dependent women began in May.
Brywal
Women’s
Center at 1214
S. Baltimore
Ave.
MISSION

1991 - 12 & 12 Transition House:

- To provide the structured environment and treatment program needed to return the recovering alcoholic/addict to society and to his or her family as a productive employed individual.
In 1991, 12 & 12 established a contractual agreement with Oklahoma Department of Corrections to provide substance abuse treatment and AOD addiction services and structured living to various inmate and pre-parolees.
• In 1992, 12 & 12 entered into a consortium with Parkside Psychiatric Hospital, Tulsa Regional Medical Center and Metropolitan Tulsa Substance Abuse Services to provide a more cost-effective method of assisting the indigent.
• In 1992, 12 & 12 is awarded a contract by the Oklahoma Department of Mental Health and Substance Abuse Services to establish a 10-bed detox and 20-bed residential treatment program, providing services formally performed by Tulsa Regional Medical Center.
In 1992, 12 & 12 added programs for intensive inpatient treatment, medically supervised detoxification and a comprehensive outpatient program to include individual and group therapies.
• In 1992, the city’s largest outpatient program for women (Women’s Treatment Center) was merged into the 12 & 12 family of services, positioning 12 & 12 as the largest outpatient program in Tulsa and Eastern Oklahoma.
• In September 1993, 12 & 12 purchased the former Sheraton Skyline Hotel at 6333 East Skelly Drive. All programs, with the exception of Dept. of Corrections Halfway House, were moved into the new facility in February 1994.
• Former Sheraton Skyline Hotel at 6333 East Skelly Drive becomes 12 & 12, Inc.
• In 1994, 12 & 12 was awarded “The Outstanding Treatment Program” for the State of Oklahoma by the Chemical Addiction Programs Directors Association.
In January 1994, 12 & 12 Inc. received “Certification with Commendation” from DMHSAS through April 1997 and following the CARF Accreditation in May 1996, 12 & 12 received exemption from the DMHSAS certification process.
In May 1996, 12 & 12 became accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for Alcohol and other Drug Programs: Detoxification, Residential Treatment and Outpatient Services. This represents the highest level of accreditation possible.
MISSION

1999 to 2014:

• To restore alcohol and other drug dependent people as productive members of their families, work and community.
In 2002, 12 & 12 completed a capital campaign successfully raising nearly $5 million for renovations which included client living and treatment service space. The renovations were complete in 2004 more than doubling the residential capacity.
2002

Paula Marshall-Chapman and Todd Chapman
Marilyn and Ed Keller
Campaign Co-Chairs

Invite You to Celebrate the Success of
12 & 12 Inc.'s
Capital Campaign

Learn how 12 & 12 assists in
Rebuilding Lives
Building a Future

Tuesday, April 30, 2002
5:30-7:00 PM
2427 East 41st
Tulsa, OK
• “Sheen has a roundabout connection to 12 & 12 through his director in the movie "Badlands," Terrence Malick, a native of Bartlesville whose brother, Chris Malick, is a local oilman and 12 & 12 board member.”

• “You can't swing a cat and not find someone affected by drugs and alcohol, whether it's indirectly through the pocketbook or directly through someone they love,’ he said, alluding to his son Charlie Sheen's well-publicized struggles.”

~Tulsa World, Sunday, October 20, 2002
• Bryce House opens in the renovated residential facility at 1214 S. Baltimore Ave. on December 12, 2006. Funded by the Veterans Administration, it is a transitional living program designed specifically for homeless veterans in recovery.
Bryce House opens in the renovated residential facility at 1214 S. Baltimore Ave. on December 12, 2006.
• The primary goal and focus of all treatment at Bryce House is to end homelessness through a structured, goal-oriented program provided through transitional housing. Located in a renovated apartment complex, the VA and 12 & 12 provide the needed services for residents to gain employment and housing in order to return to the community.
• The Bryce House program is a model for the VA, having the highest success rate in returning veterans successfully to the community, free of substance abuse and in permanent housing.
• Bryce House was named after long time Tulsa resident and business man, Walter Bryce. Mr. Bryce is one of the original founders of 12 & 12, Inc. and helped to make Bryce House a successful treatment facility for men in recovery.
"Addiction treatment and recovery centers help the entire community in ways most never see," Sheen said during a recent phone interview. "People we all know need help. They're in our churches. They're our co-workers. They're our children and our family members. Addiction touches us all, whether it's drugs and alcohol, sex, gambling, anger ... it hits all of us. We have to fix our own communities."

~ Martin Sheen Tulsa World 12/9/2012
• “The Hollywood icon knows of what he speaks: Years ago, Tulsa 12 & 12 co-founder Chris Malick helped Sheen find sobriety, Sheen said during a recent telephone interview.

• On Wednesday, Sheen makes a return trip to the 12 & 12 addiction treatment and recovery center that his friend helped establish more than 30 years ago.

~ Martin Sheen Tulsa World 12/9/2012
In 2013, 12 & 12 was awarded the BEST Residential AOD Addiction Treatment Center in Oklahoma by consumers through a survey sponsored by the Oklahoma Citizen Advocates for Recovery and Treatment Association (OCARTA).
In March 2013, 12 & 12 became an accredited Comprehensive Community Addiction Recovery Center (CCARC), the largest in the state, and the only CCARC that provides the full continuum of services, on site.
• In 2014, 12 & 12 adopted a new mission statement – **to offer life-saving recovery tools for adults suffering with addiction or co-existing mental health and substance use disorders to achieve individualized recoveries** - to reflect its role as a comprehensive community addiction center offering a complete continuum of care.
• In 2014, the Coalition of Advocates presented 12 & 12 with the Substance Abuse and Addiction Treatment provider Advocacy Award.
In fiscal year 2015, 2,351 individuals received services from 12 & 12’s eight inpatient and transitional living programs.
• Major revenue sources for treatment reimbursement include ODMHSAS for the indigent and those meet the poverty level guidelines, contracts with several Native American Indian tribes, most of the major insurance providers, Veterans Administration, Tulsa Area United Way and Federal Pardon and Parole.
• Intensive Residential Treatment, Transitional Living and Outpatient Treatments are provided for individuals who have co-existing substance abuse and mental health diagnosis.
12 & 12 fees are based on the client’s ability to pay; however, no one is refused services solely because of their lack of financial resources.
Today, 12 & 12 provides outpatient, inpatient or transitional living program services for 275 individuals including over 60 veterans every day.
• 12 & 12’s complete continuum of services includes Medically Supervised Detoxification, Ambulatory Detox, Intensive Residential Treatment, Transitional Living, Sober Living, Outpatient Treatment and Intensive Outpatient Treatment.
“12 & 12 saved my life. It gave me my life back. I will always support 12 & 12. 12 & 12 staff loved me until I could love myself.”

~Curt S.
“I have willingness to share my experiences, and the ability to gain strength from them and my ability to survive them. I have hope for a better future for myself and those around me, in my community and in the world.”

~Curt S.
“We’re blessed to be here and to have this program with techs and counselors that support us. They support us with their own stories and their tools for recovery. We can see their stories and years of sobriety and it helps us know we can do it too.”

~Curt S.
“I feel like 12 & 12 saved my life. It was a slow process but the person that walked in 12 & 12 and the person that walked out are as different as day and night.”

~Bill B.
“I stayed for 15 months. Like I told the group when I received my one year medallion ‘No one is more surprised than I am!’ My goal when I got to 12 & 12 was to get a 90 day chip. Now I’ve been sober over 21 years.”

~Bill B.
“The dedicated staff of 12 & 12 is absolutely amazing and the help provided by them is transformative if you are willing to accept it.”

~Laura J.
“They gave me so many useful tools to use in my recovery. Actually, I call them WEAPONS of recovery, because I am fighting a war and those amazing people have helped arm me for battle. They gave me a whole arsenal to work with and I find that I use various weapons taught at 12 & 12 on a daily basis.”

~Laura J.
“I know the treatment program works if you work it. It can be achieved but you’re not going to be able to do it on your own. You have to build your support network. That starts on the first day of treatment. It takes physical and mental focus.”

~Preston F.
“That’s what I really like about the people at 12 & 12, they understand the struggles of addiction....They can ‘straight up’ counsel people like me. It was real easy for me to be able to share with her and work with her.”

~Preston F.
“That’s what I really like about the people at 12 & 12, they understand the struggles of addiction. They’re there because they want to be there. They’re there because it’s what they are led to do.”

~Preston F.
“It gets a little easier every time you resist the desire to use. The first requirement is the desire to quit. I can walk past the beer at the grocery store now and be okay. I can work in the hot sun now and not have a beer.”

~Preston F.
“The accountability of 12 & 12 was something I desperately needed. I needed the counseling, the three meals and the comradery of the guys on the unit. I graduated from treatment at 12 & 12 on January 2, 2008 after 28 days.”

~Daryl B.
“Today, as a result of the healing power of the steps, good sponsorship, a power greater than myself and a home group I haven’t found it necessary to take a drink of alcohol since November 15, 2007.”

~Daryl B.
Today:

- We offer life-saving recovery tools for adults suffering with addiction or co-existing mental health and substance use disorders to achieve individualized recoveries.
We have two foundational beliefs:

• We believe addiction is a progressive, chronic brain disorder.
• We believe in an individualized recovery process.
PHILOSOPHY OF CARE

Given our foundational beliefs, we believe:

• Simultaneously treating co-existing mental health and substance use disorders dramatically increases one’s likelihood for recovery.
• In a non-judgmental treatment approach providing compassion, safety, respect and dignity for all.
Given our foundational beliefs, we believe:

• All clients need and deserve treatment in a safe and therapeutic environment.

• Some clients may need treatment in a supportive residential facility separate from daily living stressors, triggers, and influences.
PHILOSOPHY OF CARE

Given our foundational beliefs, we believe:

• In providing person-centered, trauma informed, evidenced-based, comprehensive treatment through medical and counseling professionals.

• In providing clients with linkages and referrals to other community-based resources for their recovery process.
PHILOSOPHY OF CARE

Given our foundational beliefs, we believe:

• A multi-disciplinary team [addiction medicine, psychiatry, nursing, counseling and case management] approach to care best supports clients’ recovery process.
VISION

By 2024:

• Adults suffering from the brain disease of addiction or co-existing mental health and substance use disorders will achieve individualized recoveries with our safe, integrated continuum of care service model.
Thank You for Attending Our 30th Anniversary Celebration!

December 1, 2015