



WHAT TO BRING FOR ADMISSION

IF YOU ARE ADMITTING TO DETOX

- 2 pair of shorts
- 2 pair of pants
- 5 pair of socks
- 5 pair of undergarments
- Toothbrush
- Solid deodorant (no aerosol cans)
- Shampoo / Conditioner
- Makeup (Limit 2 items WITHOUT MIRROR)
- Electric razor
- 2 bath towels, 2 wash cloths
- Brush and/or comb
- Roll of quarters for vending
- One big book
- Stationary
- You must have all up to date non-narcotic prescription medication from home in the original bottle with legible prescription label in your name. You must bring enough medication for your stay at 12&12 Inc.
- 5 pair of long johns-thermal undergarments (In cold season)
- Hats, gloves, scarves, ear muffs, hoodies, and coats are acceptable (In cold season). These may only be worn when outside.
- 5 long sleeve shirts (In cold season) **MUST BE WORN UNDER SCRUBS**
- Shoes or slippers (**MUST BE WORN AT ALL TIMES WHEN OUT OF ROOM**)
- Additional items allowed include alarm clocks, radios, CD or MP3 players (but only if it has headphones; MP3 players that have recording capability or hold inappropriate pictures/videos are prohibited and will be considered unapproved contraband)
- TB Screening Results

Please DO NOT bring anymore clothing or items than what is listed. Scrubs and personal hygiene items will be provided by 12&12 during your stay. Other clothing is not necessary.

IF YOU ARE ADMITTING TO RESIDENTIAL OR CO-OCCURRING TREATMENT

- No more than seven changes of clothing such as:
 - Jeans, if low rise, all body parts must be covered
 - Tank tops must follow the three finger rule
 - Shorts, no more than 1 inch above the knee
 - Sweat Suits
 - If additional items over seven changes are brought at any time, whether at admit or during your stay, they will not be accepted and will be returned.
- T-Shirts (no design or verbiage of a sexual nature, drugs, alcohol or violence)

- Personal hygiene items, not containing alcohol
- Bed linens and pillows are provided, but you may bring your own (twin)
- Wash clothes and towels are provided but you may bring your own
- You are responsible for doing your own laundry and should bring laundry soap/dryer sheets.
- You may only bring plastic hangers
- You may bring appropriate books, magazines, crossword puzzles, notebook, paper, pens, and/or pencils
- Additional items allowed include alarm clocks, radios, CD or MP3 players (but only if it has headphones; MP3 players that have recording capability or hold inappropriate pictures/videos are prohibited and will be considered unapproved contraband)
- You must have all up to date non-narcotic prescription medication from home in the original bottle with legible prescription label in your name. You must bring enough medication for your stay at 12&12 Inc.

IF YOU ARE ADMITTING TO TRANSITIONAL LIVING OR VA-IOP

(See Residential / Co-Occurring)

Additional items allowed in Transitional Living and VA-IOP ONLY:

- Cell Phones
- Television
- Stereo

FOR ALL LEVELS OF CARE

ITEMS NOT ALLOWED:

- Halter tops, spaghetti strap shirts, muscle shirts, miniskirts, short shorts and tight pants are **not** allowed.
- Hygiene items that contain alcohol- including cologne and perfume
- Fingernail polish or fingernail polish remover
- No outside food or beverage may be brought into the facility
- No weapons, including pocket knives
- **Any/All communication devices are prohibited. (Cell phones, smart watches, etc.)**
- No aerosol cans of any type
- Mouthwash or other hygiene products with alcohol
- Backpacks and purses (excluding Transitional Living and VA-IOP)

Items not allowed will be confiscated and will NOT be returned

Any item classified as contraband will be destroyed immediately in a method determined appropriate by the facility.

***The only items that can be held (if necessary): Cell phones, Cell Phone Chargers, and Keys**

All valuables should be left at home or with someone you trust

12 & 12 IS NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS

If you forget items or want additional items brought to you, family or friends may bring them to the front desk. All packages will be searched for contraband.

You will have access to pay phones; however, phone privileges are not given until after the first full week of Residential Treatment.

The only money needed will be for use in washers and dryers, pay phones or vending machines. You may purchase a calling card before admission to use in pay phones.

Any money kept by the client, client is responsible for. If money is placed in 12&12's safe, it can only be accessed Monday – Friday, 8 am – 5 pm.

You need to bring all **prescribed** medications with you for the length of your stay. Their use must be approved by 12 & 12's doctor. If you bring a medication that is not permitted, it will be confiscated and destroyed immediately.